**Susan J. Rose**

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**Health and Safety Advisor**

Health and safety advisor and paramedic with experience in occupational safety and health management, emergency management services, safety prevention programs, incident investigations and training. Recently completed a diploma in Safety, Health and Environmental Management (CRSP-pathway) and currently completely a Bachelor of Maritime Studies (Safety Management). Experience in occupational health, safety, and environment laws, health policies/practices, and federal and regulatory requirements. Leader that can effectively communicate with colleagues, management, and employees to ensure adherence to all safety requirements.

**Areas of Expertise**

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| * Accident Investigation
 | * Safety Standards & Compliance
 | * Root Cause Analysis
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| * Primary Care Paramedic
 | * Occupational Safety
 | * Workers Compensation
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| * Accident Prevention
 | * OHSA
 | * Employee Training
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# Professional Experience

**Covid-19 Screener** ( March 2020-current) 24/7 Occupational Emergency &

 Medical Solutions

Screening crew that are flying to Diavik Mine ( Rio Tinto ) in NWT.

* Assessment of Covid-19 symptoms
* Obtain questionnaire
* Maintain physical distancing between employees
* Take non-invasive temperature
* Ensure there is no cross contamination
* Ensure Proper PPE is being worn
* Educate the crew on prevention strategies

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| **Health and Safety Advisor** (August 2018 - February 1, 2020) | Nahanni Construction, Yellowknife, NT  |

Administer safety and health policies to minimize the number and severity of on-site accidents and injuries. Investigate and report near misses, incidents, and environmental spills. Write detailed weekly safety reports to promote safety culture and awareness. Ensure compliance with Federal and Regulatory requirements. Proactively identify potential safety risks

* Provide sustainment and quality assurance to minimize and eliminate hazards including field-based health and safety, and documenting all HSE records.
* Monitor facilities and processes for adherence to OSHA guidelines by overseeing inspections, recommending corrective measures, and preparing for OSHA safety audits and investigations.
* Drive incident investigation to closure through root cause/contributing factors and follow through with amendments to prevent future incidents.
* Plan and implement HR and safety policies, programs, and procedures in compliance with OSHA and lead staff training and safety orientation to new personnel on site.
* Collaborate with operational teams to promote safety, health, and environmental best practice.

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| **Industrial Primary Care Paramedic** (April 2018 - December 2018) | Medix Safety, Grande Prairie, AB |

Coordinated emergency medical evacuations with site supervisor and consultants. Provided medical trauma and first aid care to injured and ill workers. Supervised the inventory checklist, ordering, receiving and stocking of medical equipment, supplies, and medications. Ensured all personnel entering site was wearing the required PPE.

* Assisted safety personnel in maintaining the health and safety plan, keeping workers in good health, and in the development and maintenance of Emergency Response Plans.
* Maintained records of accidents, illness, and injuries including recommendations for measures to avoid illness and injuries while maintaining a daily log of activities and patient care.
* Provided brief orientations with an emphasis on safety to new personnel on-site, updated regular personnel on new safety items/alerts, and reemphasized most current safety protocols.
* Completed forms, documentation. and reports as required by the relevant workers’ compensation board and conducted any required follow-up.

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| **Industrial Primary Care Paramedic** (October 2016 – August 2017) | HSE Intergraded, NL |

Ensured that injured workers were provided with immediate and professional on-site medical care and arranged timely transport to additional medical care for the Maritime Link Project - Granite Canal.

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| **Industrial Primary Care Paramedic** (April 2015 - October 2016) | Horizon Occupational Health Solutions, Muskrat Falls, NL |

Provided onsite medical support and emergency medical stand-by and managed Safety equipment inventory.

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| **Primary Care Paramedic** (January 2014 - April 2016) | Moores Ambulance, Clark's Beach, NL |

Prepared and submitted reports on patient treatment while maintaining patient confidentiality and stocked and safeguarded vehicles, equipment, supplies, and medications. Assessed patients and administered medical treatment.

* Mentored new employees and conducted public health safety education.
* Transported patients to and from health care facilities while ensuring patient/crew safety.

# Additional Experience

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| **Emergency Medical Responder/Standard First Aid Instructor** (Month 1992 - Present) | Canadian Red Cross, NL |

Deliver training courses and conduct skill and knowledge-based evaluations in accordance with Canadian Red Cross outcomes and objectives. Complete accurate and prompt submission of all relevant course documentation.

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| **Inshore Search Rescue** (Month 2005 - Month 2010) | Canadian Coast Guard, NL |

Collaborated with a three-person team using Fast Rescue Craft to respond to Search and Rescue and provided medical assessment and treatment. Conducted patrol of the designated search areas. Led regular boat inspections for the public.

* Conducted public education sessions on such topics as boating safety, personal flotation devices, hypothermia, required safety equipment aboard a vessel, rules of navigation, and boating restrictions and regulations.
* Received Lifesaving award for rescuing 22 people from the sea who were forced to abandon their ship after an engine room explosion; commended for rapid response, team work, and medical knowledge that saved lives.

# Education & Credentials

**Safety, Health, and Environmental Management (CRSP) Diploma** (2020) University of Fredericton, NB

**Bachelor of Maritime Studies (Safety Management)** (Expected December 2020) Marine Institute, NL

**Applied Certificate in Health, Safety and Environmental Processes (CHSEP)** (2018) University of Fredericton, NB

**Certificate in Psychological Health and Safety in the Workplace** (2018) University of Fredericton, NB

**Certificate of Primary Care Para-medicine** (2013) College of the North Atlantic, St. John’s, NL

**Diploma of Technology in Nautical Science/Merchant Marine** Fisheries and Marine Institute St. John’s, NL

**Bachelor of Education** Memorial University of Newfoundland and Labrador, St. John’s, NL

***Credentials:*** Paramedic license Newfoundland/Alberta and Class 4/5 driving license (Clean Abstract) | Member of CSSE

Fall Arrest Competent Inspector and Fall Protection | WHIMIS and TDG and Wildlife/Bear Safety Awareness

Mental Health First Aid, Mental Health Commission of Canada and Therapeutic Crisis Intervention

Pipeline Construction Safety Training and Petroleum Safety Training 2.0 | Drug Test Collector (Urine), Breath and Alcohol Technician

Workplace NL: Prescribed Occupational Health/Safety Committee | High Angle Rope Rescue and Confined Space Rescue H2S Alive | Rigid Hull Inflatable Operations Training

Emergency Medical Responder (EMR) Instructor: Canadian Red Cross and CPR/AED Level HCP